



Review Article

LITERATURE REVIEW OF *SHATI* IN VARIOUS AYURVEDIC TREATISE

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ABSTRACT

Hedychium spicatum Ham.ex Smith, commonly known as *Kapur Kachari* or *Shati* is one of the highly valued rhizomatous herbs useful in a wide range of diseases. The rhizomes of this plant give a stimulant effect on the respiratory system. In Ayurveda it is considered as a potent herb to cure diseases like cough, symptoms of cold, asthma, bronchitis. It is placed under *Hikka Nigrahan* and *Swashara Gana*. The *Guṇa-Karma* of *Shati* included *Laghu*, *Teekṣṇa*, *Guṇa*; *Kaṭu*, *Tikta*, *Kaṣhaya Rasa*; *Anushṇa Veerya*. *Shati* was found to be as the ingredient of many formulations like *Chawanprasha*, *Agastya Haritaki Rasayana*, *Mahamayur Ghrit* and *Sudarshana Churna* and used in the treatment of cough, hiccup, fever and asthma and other respiratory problems. The rhizomes are considered useful as stomachic, carminative and stimulant for the treatment of liver disorders, food poisoning, inflammation, asthma pain, bronchitis and brain tonic. Various *Paryaya*, *Guna*, *Karma* and different opinions of *Acharyas* from various *Samhitas* were observed.

INTRODUCTION

Shati is a well-known aromatic drug and its rhizomes are used in Ayurveda and *Unani* system of medicine. Botanically, it has been identified as *Hedychium spicatum* Ham. ex. Smith (Family Zingiberaceae) as per API (Ayurvedic Pharmacopoeia of India)^[1].

Shati is a perennial rhizomatous herb, belonging to the family Zingiberaceae measuring upto 1m, found in parts of western and central regions of sub-tropical Himalayas at an altitude of 1500-2000m, grows abundantly in Kumaon and other Uttarakhand regions. The rhizomes have a strong aromatic odour and bitter camphoraceous taste. In local language, the rhizomes are commonly known as *Kapur Kachari* or *Ban Haldi*. Its rhizomes are used for making well-known tonic as well as food supplement called *Chayawanprash*. Its rhizomes are mentioned as *Shati* in ancient Ayurvedic classics and has been used in various dosage forms to treat cough, hiccup, fever and asthma and other respiratory problems.

Seeds were believed to cause an abortion and decoction of the rhizome with *Deodar* sawdust is taken for tuberculosis^[2].

An extensive description of *Shati* was found in many *Ayurvedic Samhitas* like *Sushrut Samhita*, *Charak Samhita*, *Bhavaprakasha Samhita*, *Ashtang Hridaya*, *Ashtanga Sangraha*, *Bhela*, *Harita*, *Kashyap* etc. In this article, a detailed review of *Shati* was done from *Samhitas* and *Rasa Granthas* like *Rastarangini* and *Rasaratnasamuccaya*.

MATERIAL AND METHODS

Shati in *Samhita kala*

Charak Samhita^[3, 4]

Shati has been mentioned in many chapters of *Sutra Sthanam*, *Chikitsa Sthanam* and *Siddhi Sthanam*. Use of *Shati* in various disorders and its inclusion as an ingredient in different formulations were found in *Charaka Samhita*^[16, 17].

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Table 1.1: Review of Shati in Charaka-Samhita

S.no	Preparation	Indications	Ref. No.
1.	Hikka Nigrahan Mahakashaya	-----	Ca. Su. 4/8:30; Pg. 77
2.	Swashara Mahakashaya	-----	Ca. Su. 4/8:37; Pg. 80
3.	Shaak Varga	Grahi, Tridoshghan,	Ca. Su. 27:88; Pg. 469
4.	Chawanprasha	Rasayana	Ca. Ci. 1/1:63; Pg. 15
5.	Shatyadi Varga Kwath	Sannipata Jwara, Kasa, Swasa	Ca. Ci. 3:211; Pg. 134
6.	Brihatyadi Gana Kwath	Sannipata Jwara, Kasa	Ca. Ci. 3:213; Pg. 134
7.	Baladi Ghrit	Jwarahara, Kasa, Shirashool Nasaka	Ca. Ci. 3:225; Pg. 136
8.	Agurvadi Taila	Sheet Jwara Nasaka	Ca. Ci. 3:267; Pg. 142
9.	Hingusovarchaladya Ghrit	Shoolhara, Vata Gulma Nasaka	Ca. Ci. 5:70; Pg. 189
10.	Hingvadi Churan or Gutika	Vaatkapha Gulma, Hikka, Kasa, Swas Nasaka	Ca. Ci. 5:79; Pg. 190
11.	Shatyadi Churna	Swasa, Kasa, Arochak, Hikka	Ca. Ci. 5:86; Pg. 191
12.	Bhallatakadya Ghrit	Kaphaj Gulma, Swasa, Kasa Hara	Ca. Ci. 5:144; Pg. 198
13.	Lodhrasava or Madhavasava	Kaphapitta Prameha, Pandu, Arsha, Aruchi	Ca. Ci. 6:41; Pg. 216
14.	Yakshmanashaka Leha	Kasa, Swasa, Swara Hara	Ca. Ci. 8:101; Pg. 264
15.	Duralabhadya Ghrit	Kasa, Trishna, Chardi, Atisaar	Ca. Ci. 8:108; Pg. 265
16.	Jeevantyadi Ghrit	Yakshma Roga	Ca. Ci. 8:111; Pg. 265
17.	Amritprash Ghrit	Vamana, Hridyarooga, Jwarnashaka	Ca. Ci. 11:35; Pg. 312
18.	Jeevantyadi Yvagu	Arsha, Atisaar, Vaatgulma	Ca. Ci. 12:60; Pg. 333
19.	Narayana Churna	Udara Roga	Ca. Ci. 13:126; Pg. 363
20.	Takra Arishta	Deepan, Rochan, Varnya	Ca. Ci. 14:72; Pg. 388
21.	Arsha Roga Nasaka Yvagu	Arsha	Ca. Ci. 14:92; Pg. 390
22.	Sushak Arsha Nasaka Shaak	Sushak Arsha	Ca. Ci. 14:124; Pg. 393
23.	Pipalyadi Anuvasan Basti	Arsha	Ca. Ci. 14:131; Pg. 393
24.	Panchmooladya Ghrit or Choorna	Shool, Gulma, Udara Roga,	Ca. Ci. 15:88; Pg. 421
25.	Marichadi Churna	Grahni, Aruchi	Ca. Ci. 15:109; Pg. 423
26.	Madhavarishta	Grahni Roga, Pandu Roga	Ca. Ci. 15:165; Pg. 429
27.	Pipalimooladya Churna	Kaphaj Grahni	Ca. Ci. 15:168; Pg. 429
28.	Dashmooladi Yvagu	Hikka, Kasa, Swas	Ca. Ci. 17:102; Pg. 472
29.	Pushkaradi Dravya	Hikka, Swasa	Ca. Ci. 17:104; Pg. 472
30.	Shatyadi Choorna	Tamak Swasa, Hikka	Ca. Ci. 17:123; Pg. 475
31.	Shatyadi Yoga	Swasa, Hikka	Ca. Ci. 17:129; Pg. 475
32.	Tejovatyadi Ghrit	Hikka, Swasa	Ca. Ci. 17:143; Pg. 477
33.	Tryushanadya Ghrit	Kasa, Jwara, Gulma	Ca. Ci. 18:39; Pg. 485
34.	Vataj Kasa Nasaka Yoga	Vataj Kasa Nasaka	Ca. Ci. 18:49; Pg. 485
35.	Duralabhadhi Leha	Vataj Kasa Nasaka	Ca. Ci. 18:50; Pg. 486
36.	Dusparshadi Leha	Kasahara	Ca. Ci. 18:51; Pg. 486
37.	Chitrakadi Leha	Kasa, Hridya Roga, Swas Roga Hara	Ca. Ci. 18:53; Pg. 486
38.	Agastya Haritaki	Rasayana, Kasa, Swasa Nasaka	Ca. Ci. 18:57; Pg. 486
39.	Kasa Nasaka Peya	Kasahara	Ca. Ci. 18:77; Pg. 488

40.	Pittaj Kasa Nashak Leha	Pitaj Kasa, Swasa, Hikka Hara	Ca. Ci. 18:92; Pg. 490
41.	Sharkradi Yoga	Pitaj Kasa Nasaka	Ca. Ci. 18:106; Pg. 492
42.	Pathadi Kalka	Kaphaj Kasa Nasaka	Ca. Ci. 18:114; Pg. 493
43.	Nagaradi Yoga	Kaphaj Kasa Nasaka	Ca. Ci. 18:115; Pg. 493
44.	Vaat Anubandhi Kaphaj Kasa	Vaat Anubandhi Kaphaj Kasahara	Ca. Ci. 18:118; Pg. 493
45.	Dashmooladi Ghrit	Vaat Kapha Kasahara, Swashara	Ca. Ci. 18:123; Pg. 493
46.	Kantkari Ghrit	Kasa, Hikka, Swasahara	Ca. Ci. 18:125; Pg. 494
47.	Dvipanchmoolyadi Ghrit	Kshayaj Kasa Nasaka	Ca. Ci. 18:159; Pg. 498
48.	Jeevantyadi Leha	Kasa Nasaka	Ca. Ci. 18:176; Pg. 498
49.	Atisara Nasaka Shaka	Atisara Nasaka	Ca. Ci. 19:32; Pg. 509
50.	Dashmooladi Basti	Guda Bhransh	Ca. Ci. 19:45; Pg. 511
51.	Pashanbhedadi Churna	Ashmari Bhedan	Ca. Ci. 26:60; Pg. 663
52.	Pushkarmooladi Kalka	Vataj Hridya Roga	Ca. Ci. 26:84; Pg. 667
53.	Pushkarmooladi Kwath	Vaatj Hridya Roga	Ca. Ci. 26:85; Pg. 667
54.	Pathaydi Kalka	Hridyashool, Parshavshool	Ca. Ci. 26:86; Pg. 667
55.	Katphaladi Kwath	Kaphaj Hridya Roga	Ca. Ci. 26:97; Pg. 669
56.	Mahamayur Ghrit	Shiroroga, Kasa, Swasahara	Ca. Ci. 26:170; Pg. 682
57.	Chitrakadi Ghrit	Param Vaathara	Ca. Ci. 28:122; Pg. 727
58.	Bala Taila	Vaatvyadi Nashak	Ca. Ci. 28:150; Pg. 731
59.	Moolakadya Taila	Vaatnashak	Ca. Ci. 28:169; Pg. 733
60.	Jeevantyadi Anuvasan Yamak	Brihankarak, Vaatpitta Nashak	Ca. Si. 4:10; Pg. 925
61.	Saindhavadi Anuvasan Taila	Kaphaj Roga, Gulma, Arsha	Ca. Si. 4:14; Pg. 925
62.	Vidangadi Taila	Kushta, Krimi Roga	Ca. Si. 4:21; Pg. 926
63.	Vachadi Yoga	Klamahara	Ca. Si. 7:18; Pg. 952
64.	Darvyadi Yoga	Klamahara	Ca. Si. 7:19; Pg. 952
65.	Apara Yamak Anuvasana Basti	Valli, Palit, Shukra Vardhan	Ca. Si. 12/18:3; Pg. 1015

Susruta Samhita^[3, 5]

In this Samhita, the plant *Shati* is described in different contexts. *Aacharya Susruta* thoroughly observes the pharmacological properties and actions of *Shati*. Use of *Shati* in various disorders and as an ingredient in different formulations. (Table 1.2)

Table 1.2: Review of Shati in Susruta-Samhita

S.no	Preparation	Indications	Ref. No.
1.	Shaak Varga	Sangrahi, Tridoshnashak	Su. Su. 46:276; Pg. 265
2.	Granthibhoot Shukra	Granthi Nasaka	Su. Sa. 2:8; Pg. 13
3.	Hingvadi Choorna	Kasa, Swas, Gulma, Udara Roga Nasaka	Su. Ci. 5:28; Pg. 44
4.	Dhanwantra Ghrit	Gulma, Udara Roga Nasaka	Su. Ci. 12:5; Pg. 79
5.	Basti Prayog	Arsha, Grahni Rog Nasaka	Su. Ci. 37:8; Pg. 198
6.	Chitrakadi Taila Anuvasanarth	Vaat Vyadhi Nasaka	Su. Ci. 37:17; Pg. 198
7.	Anuvasana Basti	Vaat Pitta Nasaka, Gulma Nasaka	Su. Ci. 37:24; Pg. 199
8.	Pathadi Taila (Anuvasanarth)	Kaphaj Vyadhi Nasaka	Su. Ci. 37:37; Pg. 200
9.	Vidangadi Taila (Anuvasanarth)	Vaatrakta, Gulma Nasaka	Su. Ci. 37:39; Pg. 200
10.	Niruh Basti	-----	Su. Ci. 38:26; Pg. 210

11.	<i>Kirat Tiktadi Kwath</i>	<i>Vaatpitta Jwara Nasaka</i>	<i>Su. Ut. 39:199; Pg. 254</i>
12.	<i>Kalshyadi Ghritam</i>	<i>Jeerna Jawar, Kasa Nasaka</i>	<i>Su. Ut. 39:225; Pg. 257</i>
13.	<i>Hingvadya Ghritam</i>	<i>Shool, Vata Gulma Nasaka</i>	<i>Su. Ut. 42:28; Pg. 340</i>
14.	<i>Hridradi Churna</i>	<i>Swasa Roga Nasaka</i>	<i>Su. Ut. 51:41; Pg. 484</i>
15.	<i>Pathadi Ghritam</i>	<i>Kasahara, Swasa Roga Nasaka</i>	<i>Su. Ut. 52:31; Pg. 497</i>
16.	<i>Agastya Avleha</i>	<i>Hikka, Kasa, Swashara</i>	<i>Su. Ut. 52:43; Pg. 499</i>

Astangahrdya^[6] (7th century A.D.)

In this *Samhita*, the plant *Shati* is described in different contexts. *Acharya* thoroughly observes the pharmacological properties and actions of *Shati* and describe in various disorders and as an ingredient in different formulations. (Table 1.3)

Table 1.3: Review of *Shati* in *Ashtanga Hrdayam*

S.no	Preparation	Indications	Ref. No.
1.	<i>Shaak Varga</i>	<i>Tridosh Nasaka, Grahi</i>	<i>Ah. Su. 6:72; Pg. 102</i>
2.	<i>Duralabha Yoga</i>	<i>Vataj Kasa Nasaka</i>	<i>Ah. Ci. 3:13; Pg. 587</i>
3.	<i>Vividh Yoga</i>	<i>Kasa Nasaka</i>	<i>Ah. Ci. 3:14; Pg. 587</i>
4.	<i>Vataj Kasa Nasaka Peya</i>	<i>Vatak Kasa Nasaka</i>	<i>Ah. Ci. 3:20; Pg. 588</i>
5.	<i>Kasa Nasaka Avleha</i>	<i>Pittaj Kasa Nasaka</i>	<i>Ah. Ci. 3:31; Pg. 590</i>
6.	<i>Peya Or Panaka</i>	<i>Pittaj Kasa Nasaka</i>	<i>Ah. Ci. 3:37; Pg. 591</i>
7.	<i>Kasa Nasaka Avleha</i>	<i>Vata Kapha Kasa Nasaka</i>	<i>Ah. Ci. 3:49; Pg. 592</i>
8.	<i>Dashmool Ghrit Yoga</i>	<i>Vata or Kapha Kasa Nasaka</i>	<i>Ah. Ci. 3:56; Pg. 593</i>
9.	<i>Kantkari Ghrit</i>	<i>Kasa, Swas, Hikka Roga Nasaka</i>	<i>Ah. Ci. 3:60; Pg. 594</i>
10.	<i>Amritprash Ghrit Yoga</i>	<i>Kasa, Swas, Hikka, Jwara Nasaka</i>	<i>Ah. Ci. 3:95; Pg. 599</i>
11.	<i>Agastya Haritaki Rasayana</i>	<i>Rasayana, Kasa, Swas, Visham Jawar Nasaka</i>	<i>Ah. Ci. 3:127; Pg. 602</i>
12.	<i>Chavikadi Ghrit</i>	<i>Kshayaj Kasa Nasaka</i>	<i>Ah. Ci. 3:160; Pg. 606</i>
13.	<i>Dashmooladi Kashaya or Peya</i>	<i>Hikka, Swasa Roga Nasaka</i>	<i>Ah. Ci. 4:24; Pg. 612</i>
14.	<i>Ahara</i>	<i>Ahara Ruchikar</i>	<i>Ah. Ci. 4:27; Pg. 612</i>
15.	<i>Shatyadi Churna</i>	<i>Swasa Roga Nasaka</i>	<i>Ah. Ci. 4:40; Pg. 613</i>
16.	<i>Jeevantyadi Churna</i>	<i>Kasa, Jwara, Hikka Swasa Roga Nasaka</i>	<i>Ah. Ci. 4:44; Pg. 614</i>
17.	<i>Shatyadi Choorna</i>	<i>Hiika, Swasa Roga Nasaka</i>	<i>Ah. Ci. 4:46; Pg. 614</i>
18.	<i>Tejovatyadi Ghrit</i>	<i>Arsa, Grahi Roga, Hikka Roga Nasaka</i>	<i>Ah. Ci. 4:53; Pg. 615</i>
19.	<i>Jeevantyadi Ghrit</i>	<i>Rajyakshama Roga Nasaka</i>	<i>Ah. Ci. 5:16; Pg. 619</i>
20.	<i>Pushkaradi Kalka</i>	<i>Hridya Shool Nasaka</i>	<i>Ah. Ci. 6:31; Pg. 633</i>
21.	<i>Yvanyadi Kwath Rasa</i>	<i>Hridya Shool Nasaka</i>	<i>Ah. Ci. 6:33; Pg. 633</i>
22.	<i>Panchkoladi Kalka</i>	<i>Hridya Shool, Udara Shool, Yonishool Nasaka</i>	<i>Ah. Ci. 6:34; Pg. 633</i>
23.	<i>Pushkarmooladi Churna</i>	<i>Pittaj Hridya Roga Nasaka</i>	<i>Ah. Ci. 6:52; Pg. 635</i>
24.	<i>Takra Arishta</i>	<i>Deepan, Rochan, Guda Shotha Hara</i>	<i>Ah. Ci. 8:46; Pg. 662</i>
25.	<i>Pipplyadi Taila</i>	<i>Arsha Roga Nasaka</i>	<i>Ah. Ci. 8:90; Pg. 668</i>
26.	<i>Ahara Nirman</i>	<i>Atisara</i>	<i>Ah. Ci. 9:12; Pg. 680</i>
27.	<i>Patra Rasa</i>	<i>Atisara</i>	<i>Ah. Ci. 9:20; Pg. 681</i>
28.	<i>Aprajit Khal</i>	<i>Grahi, Agnivardhak, Ruchikaraka</i>	<i>Ah. Ci. 9:26; Pg. 682</i>
29.	<i>Anuvasana Basti</i>	<i>Guda Bhransh Hara</i>	<i>Ah. Ci. 9:50; Pg. 685</i>
30.	<i>Panchmooladi Ghrit</i>	<i>Kasa, Swas Hara</i>	<i>Ah. Ci. 10:27; Pg. 698</i>

31.	Matulungadi Churna	Agnivardhak	Ah. Ci. 10:61; Pg. 702
32.	Dhanwantar Ghrit	Kasa, Swas Hara	Ah. Ci. 12:19; Pg. 717
33.	Lodhra Asava	Prameh Hara, Aruchi, Pandu Roga	Ah. Ci. 12:25; Pg. 718
34.	Hingvadi Ghrit	Vataj Gulma Nasaka	Ah. Ci. 14:10; Pg. 730
35.	Dadhik Ghrit	Vataj Gulma Nasaka, Kasa, Swasa, Aruchi Nasaka	Ah. Ci. 14:14; Pg. 730
36.	Hingvadi Churna	Hridya Shool, Parshav Shool, Basti Shool Hara	Ah. Ci. 14:31; Pg. 732
37.	Bhallatakadi Ghrit	Kaphaj Gulma Nasaka	Ah. Ci. 14:81; Pg. 738
38.	Narayan Churna	Kasa, Swasa, Hridya Roga Nasaka	Ah. Ci. 15:14; Pg. 748
39.	Shothhara Peya	Shoth Hara	Ah. Ci. 17:20; Pg. 772
40.	Rasnadi Ghrit	Vaat Roga Nasaka	Ah. Ci. 21:57; Pg. 811
41.	Bala Taila	Vaat Vyadhi, Kasa, Swas, Jwara Nasaka	Ah. Ci. 21:75; Pg. 813
42.	Yaman Sneha	Brahmana Karaka, Bala Shukra Agni Vardhaka	Ah. Ka. 4:60; Pg. 857
43.	Saindhavadi Taila	Kaphroga Nasaka, Ashmari Hara	Ah. Ka. 4:63; Pg. 857
44.	Urdhavamruta Vyapad	Ayog Basti Vyapad	Ah. Ka. 5:19; Pg. 861
45.	Vachadi Ghrit	Vaak Shakti, Medha, Smriti, Agnivardhan	Ah. Ut. 1:46; Pg. 885
46.	Mahamayuradi Ghrit	Urdhavyatrugat Roga Nasaka	Ah. Ut. 24:53; Pg. 1063
47.	Gara Visha Chikitsa	Gara Dosh Hara, Kasa, Swasa, Hikka Nasaka	Ah. Ut. 35:59; Pg. 1151
48.	Chwanprash Rasayan	Rasayana	Ah. Ut. 39:34; Pg. 1187

Astangasangraha^[7] (7th century A.D.)

In this Samhita, the plant *Shati* is described in different contexts. Acharya Vagbhata thoroughly observes the pharmacological properties and actions of *Shati* and describe in various disorders and as an ingredient in different formulations is also documented in *Ashtanga Sangraha*. (Table 1.4)

Table 1.4: Review of *Shati* in *Ashtanga Sangraha*

S.no	Preparation	Indications	Ref. No.
1.	Shaak Varga	Grahni, Arsha Vikar	As. Su. 7:111; Pg. 136
2.	Trishna Nasaka Yoga	Trishna Hara	As. Su. 11:14; Pg. 248
3.	Trishnaghan Gana	Trishna Hara	As. Su. 15:27; Pg. 305
4.	Swasa Shaman Gana	Swasanasaka	As. Su. 15:34; Pg. 306
5.	Gokantakadi Kwath	Vaat Pitta Jwara Nasaka	As. Ci. 1:81; Pg. 267
6.	Baladi Ghrit	Jwara Nasaka	As. Ci. 2:11; Pg. 273
7.	Kultathadi Ghrit	Deepan, Jwara Nasaka	As. Ci. 2:14; Pg. 273
8.	Kashmaryadi Ghrit	Kasa, Jwara, Pleeha Roga Nasaka	As. Ci. 4:7; Pg. 300
9.	Duralabhadi Leha	Vataj Kasa Hara	As. Ci. 4:16; Pg. 301
10.	Dusparshadi Avleha	Vatj Kasa Hara	As. Ci. 4:17; Pg. 301
11.	Peya	Hikka, Swas Hara	As. Ci. 4:24; Pg. 302
12.	Pipplyadi Leha	Pittaj Kasa Hara	As. Ci. 4:31; Pg. 303
13.	Twagadi Leha	Hridya Roga, Kasa Hara	As. Ci. 4:35; Pg. 304
14.	Pitaj Kasa Nasaka Peya	Pitaj Kasa Hara	As. Ci. 4:42; Pg. 305
15.	Darvyadi Leha	Kasa, Swasa, Hikka Nasaka	As. Ci. 4:59; Pg. 306
16.	Pathadi Peya	Kaphaj Kasa Hara	As. Ci. 4:63; Pg. 307
17.	Pathadi Peya	Kaphaj Kasa Hara	As. Ci. 4:63; Pg. 307
18.	Dashmooladi Ghrit	Vata Kapha Kasa Nasaka	As. Ci. 4:67; Pg. 308

19.	<i>Amritprash Ghrit</i>	<i>Kasa, Swas, Jwara Hara</i>	<i>As. Ci. 5:28; Pg. 314</i>
20.	<i>Agastya Haritaki</i>	<i>Rasayan, Kasa, Swas Hara</i>	<i>As. Ci. 5:79; Pg. 319</i>
21.	<i>Pathadi Churna</i>	<i>Kasa Hara</i>	<i>As. Ci. 5:121; Pg. 324</i>
22.	<i>Dashmooladi Kwath</i>	<i>Kasa, Swas, Hikka Hara</i>	<i>As. Ci. 6:25; Pg. 329</i>
23.	<i>Ahaaar</i>	<i>Hikka, Swas Hara</i>	<i>As. Ci. 6:28; Pg. 329</i>
24.	<i>Shatyadi Leha</i>	<i>Swas Hara</i>	<i>As. Ci. 6:45; Pg. 331</i>
25.	<i>Jeevantaydi Churna</i>	<i>Hikka, Kasa, Jwara Nasaka</i>	<i>As. Ci. 6:51; Pg. 331</i>
26.	<i>Jeevantaydi Churna</i>	<i>Hiika, Kasa, Swasa , Arsha Nasaka</i>	<i>As. Ci. 6:52; Pg. 331</i>
27.	<i>Shatyadi Churna</i>	<i>Hiika, Swasa Hara</i>	<i>As. Ci. 6:55; Pg. 332</i>
28.	<i>Tejovatyadi Ghrit</i>	<i>Hiika, Swasa, Grahni Roga Nasaka</i>	<i>As. Ci. 6:63; Pg. 333</i>
29.	<i>Jeevantyadi Ghrit</i>	<i>Rajyakshama Nasaka</i>	<i>As. Ci. 7:23; Pg. 333</i>
30.	<i>Duralabhadi Ghrit</i>	<i>Kasa, Chardi , Trishna Hara</i>	<i>As. Ci. 7:26; Pg. 337</i>
31.	<i>Khajuradi Leha</i>	<i>Kasa, Swas Hara</i>	<i>As. Ci. 7:50; Pg. 340</i>
32.	<i>Pushkaradi Kalka</i>	<i>Shoolhara</i>	<i>As. Ci. 8:37; Pg. 354</i>
33.	<i>Yvanyadi Kalka</i>	<i>Shoolhara</i>	<i>As. Ci. 8:38; Pg. 354</i>
34.	<i>Panchkoladi Kalka</i>	<i>Hridya, Parshav Shool Nasaka</i>	<i>As. Ci. 8:39; Pg. 354</i>
35.	<i>Pushkaradi Kwath</i>	<i>Kaphaj Hridya Roga Nasaka</i>	<i>As. Ci. 8:58; Pg. 357</i>
36.	<i>Hapushadi Takra</i>	<i>Arsha Roga Hara</i>	<i>As. Ci. 10:16; Pg. 384</i>
37.	<i>Pipplyadi Taila</i>	<i>Gud Bhrans, Yoni Shool Nasaka</i>	<i>As. Ci. 10:54; Pg. 396</i>
38.	<i>Laghupanchmool Yvagu</i>	<i>Atisar Hara</i>	<i>As. Ci. 11:5; Pg. 399</i>
39.	<i>Aprajita Khil Yoga</i>	<i>Pravahika Nasaka</i>	<i>As. Ci. 11:8; Pg. 400</i>
40.	<i>Agni Ghrit</i>	<i>Deepan, Agnivardhak</i>	<i>As. Ci. 12:8; Pg. 411</i>
41.	<i>Dhanwantra Ghrit</i>	<i>Kasa, Swasa, Pandu Nasaka</i>	<i>As. Ci. 14:13; Pg. 432</i>
42.	<i>Lodhra Asava</i>	<i>Sarv Prameh Nasaka, Arochak, Grahni Roga Hara</i>	<i>As. Ci. 14:15; Pg. 433</i>
43.	<i>Dashmooladi Kwath</i>	<i>Vataj Gulma Nasaka</i>	<i>As. Ci. 16:3; Pg. 445</i>
44.	<i>Dadhik Ghrit</i>	<i>Vataj Gulma, Apsmara Nasaka</i>	<i>As. Ci. 16:6; Pg. 446</i>
45.	<i>Trilavanadi Peya Or Ghrit</i>	<i>Kasa, Hikka, Gulma, Shool Nasaka</i>	<i>As. Ci. 16:10; Pg. 448</i>
46.	<i>Abhyadi Peya</i>	<i>Kasa, Hikka, Gulma, Shool Nasaka</i>	<i>As. Ci. 16:11; Pg. 449</i>
47.	<i>Bhallatak Ghrit</i>	<i>Kaphaj Gulma Nasaka</i>	<i>As. Ci. 16:25; Pg. 453</i>
48.	<i>Gandeer Arishta</i>	<i>Granthi, Arbud, Krimi Nasaka</i>	<i>As. Ci. 18:13; Pg. 476</i>
49.	<i>Shatyadi Peya</i>	<i>Shotha Hara</i>	<i>As. Ci. 19:8; Pg. 483</i>
50.	<i>Rasnadi Ghrit</i>	<i>Vaat Vyadhi Nasaka</i>	<i>As. Ci. 23:35; Pg. 531</i>
51.	<i>Bala Taila</i>	<i>Vaat Vyadhi Nasaka</i>	<i>As. Ci. 23:64; Pg. 534</i>
52.	<i>Jeevantyadi Taila</i>	<i>Brimhana, Agnivardhak</i>	<i>As. Ka. 5:49; Pg. 592</i>
53.	<i>Saindhavadi Anuvasana Basti</i>	<i>Gulma, Pleeha, Ashmari Hara</i>	<i>As. Ka. 5:53; Pg. 593</i>
54.	<i>Darvyadi Kalka</i>	<i>Basti Vyapad Sidhi</i>	<i>As. Ka. 6:12; Pg. 597</i>
55.	<i>Dashmooladi Niruh Basti</i>	<i>Basti Vyapad Sidhi</i>	<i>As. Ka. 6:29; Pg. 599</i>
56.	<i>Shirishadi Taila</i>	<i>Apasmara, Unmaad, Jwara Nasaka</i>	<i>As. Ut. 10:33; Pg. 99</i>
57.	<i>Padmakadi Taila</i>	<i>Pitaj Pratishaya</i>	<i>As. Ut. 24:12; Pg. 207</i>
58.	<i>Mahamayur Ghrit</i>	<i>Kasa, Swas Hara</i>	<i>As. Ut. 28:75; Pg. 255</i>

59.	Trishna Nasaka Yoga	Hikka, Kasa, Swas Hara	As. Ut. 40:121; Pg. 367
60.	Vijyadi Ghrit	Unmaad, Gulma, Kushta Roga Hara	As. Ut. 48:34; Pg. 455
61.	Vishshoolhara Yoga	Shool Hara	As. Ut. 48:39; Pg. 456
62.	Chavan Prash	Rasayana	As. Ut. 49:40; Pg. 468
63.	Jeevakadi Ghrit	Shukra Vardhan	As. Ut. 50:56; Pg. 527

Sharangdhara^[8] (13th century A.D.)

Sharangdhara Samhita is a renowned medical treatise authored by Acharya Sharangdhara. It is considered a part of the *Laghu Trayi*, along with *Madhavidanam* and *Bhavprakash*.

In this book the plant *Shati* has been described in different contexts. Use of *Shati* in various disorders and as an ingredient of various formulations were found in *Sharangdhara Samhita*. (Table 1.5)

Table 1.5: Review of Shati in Sharangdhara-Samhita

S.no	Preparation	Indications	Ref. No.
1.	Bhunimbadi Kwath	Kaphaj Jwara Nasaka	Sh.Ma.Kh. 2:20
2.	Patoladi Kwath	Kaphaj Jwara Nasaka	Sh.Ma.Kh. 2:21
3.	Maharasnadi Kwath	Sarv Vaat Roga Nasaka	Sh.Ma.Kh. 2:90
4.	Sudarshana Churna	Sarv Jwara Nasaka	Sh.Ma.Kh. 6:27
5.	Katphaladi Churna	Jwara Nasaka	Sh.Ma.Kh. 6:39
6.	Brihat Katphaladi Churna	Shoolhara	Sh.Ma.Kh. 6:41
7.	Pipplyadi Churna	Grahni Dosh Hara	Sh.Ma.Kh. 6:65
8.	Narayan Churna	Udara Roga Hara	Sh.Ma.Kh. 6:84
9.	Lavana Trityada Churna	Hikka, Swas, Kasa Hara	Sh.Ma.Kh. 6:100
10.	Hingvadi Churna	Shoolhara, Hikka, Kasa, Swas Hara	Sh.Ma.Kh. 6:121
11.	Kankayan Gutika	Gulma Roga Hara	Sh.Ma.Kh. 7:52
12.	Kantkari Avleha	Kasa, Swas Hara	Sh.Ma.Kh. 8:7
13.	Chyavanprash	Kasa, Swas, Trishna Hara, Rasayana	Sh.Ma.Kh. 8:11
14.	Agastya Haritaki Avleha	Kasa, Swas, Jwara, Hikka Nasaka	Sh.Ma.Kh. 8:31
15.	Mahatikta Ghrit	Vaat Rakta, Kushta Hara	Sh.Ma.Kh. 9:46
16.	Vachadi Taila	Gandmala Nasaka	Sh.Ma.Kh. 9:195
17.	Dhatooradi Taila	Vaat Roga Hara	Sh.Ma.Kh. 9:205
18.	Usheerasava	Rakta Pitta Hara	Sh.Ma.Kh. 10:14
19.	Dashmoola Arishta	Vaat Roga Hara	Sh.Ma.Kh. 10:82

Bhavaprakasa^[9] (16th century A.D.)

In this *Samhita*, the plant *Shati* is described in different contexts. Acharya thoroughly observes the pharmacological properties and actions of *Shati* and describe in various disorders and as an ingredient in different formulations. (Table 1.6)

Table 1.6: Review of Shati in Bhavprakash

S.no	Preparation	Indications	Ref. No.
1.	Sudarshan Churna	Jwara, Kasa, Swasa Hara	Bha.Ma.Kh. 1:125
2.	Shatyadi Kwath	Jwarahara	Bha.Ma.Kh. 1:139
3.	Kirat Tiktadi Kwath	Vaat Pitta Jwara Nasaka	Bha.Ma.Kh. 1:393
4.	Marichadyaudhulnam	Vaat Kapha Jwara Nasaka	Bha.Ma.Kh. 1:419
5.	Ashtadashaang Kwath	Kasa, Swas, Hikka Nasaka	Bha.Ma.Kh. 1:576
6.	Brihatyadi Kwath	Sannipataj Jwara Nasaka	Bha.Ma.Kh. 1:631
7.	Shringyadi Kwath	Hikka, Kasa, Swas Nasaka	Bha.Ma.Kh. 1:655

8.	<i>Shatyadi Kwath</i>	<i>Sannipataj Jwara Nasaka</i>	<i>Bha.Ma.Kh. 1:661</i>
9.	<i>Devdarvyadi Kwath</i>	<i>Sannipataj Jwara Nasaka</i>	<i>Bha.Ma.Kh. 1:663</i>
10.	<i>Kirat Tiktadi Kwath</i>	<i>Sannipataj Jwara Nasaka</i>	<i>Bha.Ma.Kh. 1:694</i>
11.	<i>Drakshadya Kwath</i>	<i>Jeerna Jwara, Kasa, Swasa Nasaka</i>	<i>Bha.Ma.Kh. 1:823</i>
12.	<i>Dashang Kwath</i>	<i>Swasa, Aruchi Hara</i>	<i>Bha.Ma.Kh. 1:844</i>
13.	<i>Dvatrinshta Kwath</i>	<i>Hikka, Swasa, Jwara Nasaka</i>	<i>Bha.Ma.Kh. 1:846</i>
14.	<i>Vatsakadi Kwath</i>	<i>Atisar Nasaka</i>	<i>Bha.Ma.Kh. 2:21</i>
15.	<i>Bahushaal Gud Maha</i>	<i>Arsha Roga Hara</i>	<i>Bha.Ma.Kh. 5:81</i>
16.	<i>Brihad Agni Much Churna</i>	<i>Vaat Rakta, Gulma, Pleea Roga Hara</i>	<i>Bha.Ma.Kh. 6:46</i>
17.	<i>Brihat Kushmand Avleha</i>	<i>Vishm Jawara Nasaka, Rakta Arsha Nasaka</i>	<i>Bha.Ma.Kh. 9:65</i>
18.	<i>Kantkari Avleha</i>	<i>Hikka, Kasa, Swas Hara</i>	<i>Bha.Ma.Kh. 13:50</i>
19.	<i>Dashmooladi Yvagu</i>	<i>Swasa, Hikka, Kasa Hara</i>	<i>Bha.Ma.Kh. 14:34</i>
20.	<i>Shringyadi Churna</i>	<i>Swasa Hara</i>	<i>Bha.Ma.Kh. 14:38</i>
21.	<i>Hridradi Avleha</i>	<i>Swasa Hara</i>	<i>Bha.Ma.Kh. 14:41</i>
22.	<i>Hingvadi Churna</i>	<i>Vaat Vyadhi Nasaka</i>	<i>Bha Ma.Kh. 24:111</i>
23.	<i>Tryodashanga Guggul</i>	<i>Vaat Roga, Gridhrsi Roga Nasaka</i>	<i>Bha.Ma.Kh. 24:117</i>
24.	<i>Mahamashadi Tail</i>	<i>Vaat Vikaar Nasaka</i>	<i>Bha.Ma.Kh. 24:268</i>
25.	<i>Maha Saindhavadya Taila</i>	<i>Shira Shool Nasaka</i>	<i>Bha.Ma.Kh. 25:47</i>
26.	<i>Punarnvadi Lepa</i>	<i>Aamvata Nasaka</i>	<i>Bha.Ma.Kh. 26:22</i>
27.	<i>Shatyadi Kwath</i>	<i>Aamvata Nasaka</i>	<i>Bha.Ma.Kh. 26:26</i>
28.	<i>Shatyadi Kalka</i>	<i>Aamvata Nasaka</i>	<i>Bha.Ma.Kh. 26:42</i>
29.	<i>Punarnavadi Churna</i>	<i>Aamvata, Gridhrsi Nasaka</i>	<i>Bha.Ma.Kh. 26:46</i>
30.	<i>Madhyam Rasnadi Kwath</i>	<i>Kati Shool, Kosht Shool, Udara Shool Nasaka</i>	<i>Bha.Ma.Kh. 26:131</i>
31.	<i>Maha Rasnadi Kwath</i>	<i>Vaat Rakta Nasaka</i>	<i>Bha.Ma.Kh. 26:132</i>
32.	<i>Chandraprabha Gutika</i>	<i>Jwara, Atisara, Grahni Roga Nasaka</i>	<i>Bha.Ma.Kh. 29:193</i>
33.	<i>Hingvadi Churna</i>	<i>Gulma Roga Nasaka</i>	<i>Bha.Ma.Kh. 32:28</i>
34.	<i>Haritkaydi Churna</i>	<i>Hridya Roga Nasaka</i>	<i>Bha.Ma.Kh. 34:12</i>
35.	<i>Punarnavadya Taila</i>	<i>Ashmari Roga Hara</i>	<i>Bha.Ma.Kh. 37:95</i>
36.	<i>Dhanwantra Ghrit</i>	<i>Apsmara Roga Nasaka</i>	<i>Bha.Ma.Kh. 38:94</i>
37.	<i>Narayan Churna</i>	<i>Udara Roga Hara</i>	<i>Bha.Ma.Kh. 41:49</i>
38.	<i>Maha Bhallatak Avleha</i>	<i>Kasa, Swasa, Krimi Roga Hara</i>	<i>Bha.Ma.Kh. 54:85</i>

Bhela Samhita^[10]

In this *Samhita*, the plant *Shati* is described in different contexts. *Acharya* Bhel thoroughly observes the pharmacological properties and actions of *Shati* and describe in various disorders and as an ingredient in different formulations. (Table 1.6)

Table 1.7: Review of *Shati* in *Bhela-Samhita*

S.no	Preparation	Indications	Ref. No.
1.	<i>Dadhik Ghrit</i>	<i>Gulma Roga Nasaka</i>	<i>Bhel. Ci. 5:21</i>
2.	<i>Bhallatakadi Vati</i>	<i>Arsha Roga Nasaka</i>	<i>Bhel. Ci. 10:16</i>
3.	<i>Haritkyadi Churna</i>	<i>Hridya Roga Nasaka</i>	<i>Bhel. Ci. 19:6</i>
4.	<i>Pathadi Churna</i>	<i>Arsha, Gulma Roga Nasaka</i>	<i>Bhel. Ci. 19:8</i>
5.	<i>Agastya Rasayana</i>	<i>Rasayana</i>	<i>Bhel. Ci. 20:40</i>

Harita Samhita^[11]

The use of *Shati* in various disorders and as an ingredient in various formulations were found in *Harita Samhita*. (Table 1.8)

Table 1.8: Review of *Shati* in *Harita-Samhita*

S.no	Preparation	Indications	Ref. No.
1.	Vasadi Kwath	Kaphaj Jwara Nasaka	Har. 3/2:81
2.	Kirat Tiktadi Kwath	Vaat Pitta Jwara Nasaka	Har. 3/2:88
3.	Guduchyadi Kwath	Pitta Kapha Jwara Nasaka	Har. 3/2:96
4.	Dashaang Kwath	Sannipataj Jwara Nasaka	Har. 3/2:116
5.	Mustadi Kwath	Jwara Nasaka	Har. 3/2:120
6.	Brihatyadi Kwath	Shool, Tandra Nasaka	Har. 3/2:121
7.	Shatyadi Pachana	Tandra, Swasa Roga Hara	Har. 3/2:123
8.	Brihad Rasnadi Kwath	Kasa, Swasa Nasaka	Har. 3/2:126
9.	Shatyadi Kwath	Kaphaj Roga Hara	Har. 3/2:170
10.	Darvyadi Gana	Sannipataj Grahni Nasaka	Har. 3/3:92
11.	Shunthyadi Kwath	Pachan	Har. 3/4:22
12.	Rasnadi Churna	Visham Agni Nasaka	Har. 3/6:17
13.	Shati Shaka	-----	Har. 3/6:34
14.	Shati Shaka	-----	Har. 3/6:35
15.	Hingvadi Kwath	Vataj Shool Nasaka	Har. 3/7:26
16.	Hingvadi Kwath	Vataj Shool Nasaka	Har. 3/7:27
17.	Saindahvadi Churna	Vataj Shool Nasaka	Har. 3/7:28
18.	Sovarchaladi Churna	Vaat Kapha Shool Nasaka	Har. 3/7:55
19.	Hingvadi Gutika	Sarv Vaat Vikara Nasaka	Har. 3/7:65
20.	Agastya Haritaki	Kasa, Swasa Roga Nasaka	Har. 3/9:63
21.	Baladi Ghrit	Rajyakshama Nasaka	Har. 3/9:94
22.	Chandanadi Taila	Pandu, Kasa Hara	Har. 3/9:97
23.	Amritprashana Ghrit	Rajyakshama Nasaka	Har. 3/9:121
24.	Kalyanaka Namak Lavana	Pandu, Gulma, Kamla Hara	Har. 3/11:38
25.	Pipplyadi Taila	Vaat Vyadhi Nasaka	Har. 3/11:66
26.	Mustadya Vati	Arsha, Gulma, Pandu Roga Hara	Har. 3/11:68
27.	Bhallatak Guda	Kasa Hara	Har. 3/11:75
28.	Bharangyadi Avleha	Vataj Kasa Hara	Har. 3/12:26
29.	Shunthyadi Churna	Vataj Kasa Hara	Har. 3/12:27
30.	Vasadi Churna	Kaphaj Kasa Hara	Har. 3/12:36
31.	Brihat Talisadya Aushadi	Kasa, Swasa Roga Nasaka	Har. 3/12:43
32.	Shatyadi Churna	Tridoshaj Chardi Nasaka	Har. 3/12:53
33.	Kachuradi Avleha	Kaphaj Chardi Nasaka	Har. 3/12:66
34.	Ajmodadi Churna	Aamvata Hara	Har. 3/21:40
35.	Durvadi Lepa	Vaat Rakta Hara	Har. 3/23:9
36.	Shatyadi Kwath	Gulma Roga Nasaka	Har. 3/26:24
37.	Kshaar Paan	Udara Shool Hara	Har. 3/26:39

38.	<i>Ajmodadi Aushadh</i>	<i>Vataj Udara Roga Nasaka</i>	<i>Har. 3/26:40</i>
39.	<i>Gulma Nasaka Avleha</i>	<i>Pittaj Gulma Nasaka</i>	<i>Har. 3/26:46</i>
40.	<i>Soveeradi Kwath</i>	<i>Visarpa Roga Nasaka</i>	<i>Har. 3/33:9</i>
41.	<i>Devdarvyadi Ghrit</i>	<i>Shiroroga Nasaka</i>	<i>Har. 3/41:5</i>
42.	<i>Dhavan Kriya</i>	<i>Netra Roga Hara</i>	<i>Har. 3/45:7</i>
43.	<i>Shayaadi Lepa</i>	<i>Vish Hara</i>	<i>Har. 3/56:30</i>

Kasyapa Samhita^[12] (600-1000B.C)

Kashyapa-samhita, also known as *Vṛddha-Jivakiya-tantra*, is considered one of the oldest classical texts on Ayurveda. In this work, *Shati* is detailed as an ingredient in multiple formulations for treating different disorders. (Table 1.9)

Table 1.9: Review Of Shati in Kashyap-Samhita

S.No	Preparation	Indications	Ref. No.
1.	<i>Pipplyadi Churna</i>	<i>Vataj Gulma, Pleea Roga Nasaka</i>	<i>Kas. Ci. 8:33</i>
2.	<i>Shatyadi Gana</i>	<i>Shoolhara, Vibandh Roga Nasaka</i>	<i>Kas. Ka. 8:114</i>
3.	<i>Shaman Dravya</i>	-----	<i>Kas. Khi. 2:57</i>
4.	<i>Panchkol Yoosh</i>	<i>Sangrahi</i>	<i>Kas. Khi. 4:40</i>
5.	<i>Brihatyadi Kwath</i>	<i>Kaphaj Jwara Nasaka</i>	<i>Kas. Khi. 11:128</i>
6.	<i>Dashmooladi Kwath</i>	<i>Sannipataj Jwara Nasaka</i>	<i>Kas. Khi.11:164</i>
7.	<i>Shyamadi Churna</i>	<i>Vaat Shool Nasaka</i>	<i>Kas. Khi. 18:11</i>
8.	<i>Hingvadi Churna</i>	<i>Gulma, Shool Nasaka</i>	<i>Kas. Khi. 18:20</i>
9.	<i>Shoolhara Vati</i>	<i>Shool Nasaka, Gulma Hara</i>	<i>Kas. Khi. 18:23</i>
10.	<i>Gandharva Taila</i>	<i>Gulma, Pleea, Arsha Roga Nasaka</i>	<i>Kas. Khi. 18:58</i>
11.	<i>Dashmooladi Kwath</i>	<i>Vataj Jwara Nasaka</i>	<i>Kas. Khi. 19:18</i>
12.	<i>Brihtaydi Kwath</i>	<i>Vaat Kapha Jwara Nasaka</i>	<i>Kas. Khi. 19:20</i>
13.	<i>Shatyadi Churna</i>	<i>Shool, Nibandh Hara</i>	<i>Kas. Khi. 19:44</i>
14.	<i>Vidangadi Kwath</i>	<i>Vaat Kapha Jwara Nasaka</i>	<i>Kas. Khi. 19:45</i>
15.	<i>Duralabhadi Kwath</i>	<i>Vaat Kaphaj Jwara, Vibandh Nasaka</i>	<i>Kas. Khi. 19:47</i>
16.	<i>Jwara Nasaka Yoga</i>	<i>Sannipata Jwara, Kasa Nasaka</i>	<i>Kas. Khi. 19:48</i>
17.	<i>Brihatyadi Kwath</i>	<i>Dosh Vipachnam</i>	<i>Kas. Khi. 19:49</i>

Siddhasara Samhita^[13] (7th century A.D.)

The author of this manuscript is *Acharya Ravigupta*. In this book, *Shati* has been described in various disorders and as an ingredient of diverse formulations. (Table 1.10)

Table 1.10: Review of Shati in Siddhasara-Samhita

S.no	Preparation	Indications	Ref. No.
1.	<i>Jwara Nasaka Kwath</i>	<i>Kaphaj Jwara</i>	<i>Sid. Sa. 5:40; Pg. 71</i>
2.	<i>Murcha Nasaka Kwath</i>	<i>Abhinyas</i>	<i>Sid. Sa. 5:62; Pg. 76</i>
3.	<i>Abhinyas Nasaka Peya</i>	<i>Moorcha</i>	<i>Sid. Sa. 5:64; Pg. 76</i>
4.	<i>Ghrit</i>	<i>Kasa, Shirorooja, Kshaya</i>	<i>Sid. Sa. 5:94; Pg. 83</i>
5.	<i>Shati Vyoshabhya Kshar</i>	<i>Kaphaj Grahni Roga</i>	<i>Sid. Sa. 6:70; Pg. 109</i>
6.	<i>Avleha</i>	<i>Kasa, Swashara</i>	<i>Sid. Sa. 8:10; Pg. 125</i>
7.	<i>Ghrit</i>	<i>Rajyakshama</i>	<i>Sid. Sa. 8:20; Pg. 128</i>
8.	<i>Laghu Chavanprasha</i>	<i>Kasa, Swasa, Trishna</i>	<i>Sid. Sa. 8:26; Pg. 130</i>

9.	<i>Gulmanasaka Ghrit</i>	<i>Vataj Gulma</i>	<i>Sid. Sa. 9:17; Pg. 137</i>
10.	<i>Madhavasava</i>	<i>Sarva Pramehnasaka</i>	<i>Sid. Sa. 11:18; Pg. 161</i>
11.	<i>Kalka</i>	<i>Vaat Anulomana, Shool, Gudbhransh</i>	<i>Sid. Sa. 13:27; Pg. 183</i>
12.	<i>Hikka Swashara Choorna</i>	<i>Hikka, Kasa, Swas, Jwarhara</i>	<i>Sid. Sa. 15:20; Pg. 202</i>
13.	<i>Kasa Hara Choorna</i>	<i>Vataj Kasa</i>	<i>Sid. Sa. 16:5; Pg. 205</i>
14.	<i>Aprajita Leha</i>	<i>Vataj Kasa</i>	<i>Sid. Sa. 16:6; Pg. 205</i>
15.	<i>Haritaki Rasayan</i>	<i>Hikka, Grahni, Aruchi Hara</i>	<i>Sid. Sa. 16:14; Pg. 207</i>
16.	<i>Churna</i>	<i>Kaphaj Hridya Roga</i>	<i>Sid. Sa. 19:22; Pg. 230</i>
17.	<i>Shati Tamlaki Vyosh</i>	<i>Pratishaya, Hridyashool Nasaka</i>	<i>Sid. Sa. 26:67; Pg. 230</i>

Shati in other important Ayurvedic treatise

Vaidyaprasarakam ^[14] (9th century A.D.)

This unique treatise was written by Vaidya Acharya Gadadhara. Acharya Gadadhara thoroughly observes the pharmacological properties and actions of Shati. Use of Shati in various disorders and as an ingredient of various formulations were found in Vaidyaprasarkam. (Table 1.11)

Table 1.11: Review of Shati in Vaidya Prasarkam

S.no	Preparation	Indications	Ref. No.
1.	<i>Shunthyadi Kwath</i>	<i>Vaat Roga Nasaka</i>	<i>Vai.Pr.1: pg. 34</i>
2.	<i>Dashmooladi Kashaya</i>	<i>Hikka, Kasa, Swasa Roga Nasaka</i>	<i>Vai.Pr.1: pg. 37</i>
3.	<i>Mustadi Kwath</i>	<i>Trishna, Shool Nasaka</i>	<i>Vai.Pr.1: pg. 43</i>
4.	<i>Panchmooladi Kwath</i>	<i>Visfota Nasaka</i>	<i>Vai.Pr.1: pg. 56</i>
5.	<i>Bhulikadi Kwath</i>	<i>Vaat Roga Nasaka</i>	<i>Vai.Pr.1: pg. 73</i>
6.	<i>Chitrakadi Kwath</i>	<i>Swasa Roga Nasaka</i>	<i>Vai.Pr.1: pg. 85</i>
7.	<i>Mustadi Kwath</i>	<i>Trishna, Shool Nasaka</i>	<i>Vai.Pr.1: pg. 85</i>
8.	<i>Vyaghradi Kwath</i>	<i>Atisaar Nasaka</i>	<i>Vai.Pr.1: pg. 87</i>
9.	<i>Karvyadi Kwath</i>	<i>Abhinyas Jwara Nasaka</i>	<i>Vai.Pr.1: pg. 88</i>
10.	<i>Bhulikadi Kwath</i>	<i>Vaat Roga Nasaka</i>	<i>Vai.Pr.1: pg. 91</i>
11.	<i>Jeevantaydi Yvagu</i>	<i>Arsha, Atisaar Nasaka</i>	<i>Vai.Pr.1: pg. 100</i>
12.	<i>Hingvadi Churna</i>	<i>Kasa, Swasa Nasaka</i>	<i>Vai.Pr.1: pg. 111</i>
13.	<i>Pathaydi Churna</i>	<i>Hridya Roga, Arsha Nasaka</i>	<i>Vai.Pr.1: pg. 133</i>
14.	<i>Shaalparnyadi Gana</i>	<i>Atisaar Nasaka</i>	<i>Vai.Pr.1: pg. 136</i>
15.	<i>Shodashansho Guggulu</i>	<i>Gulma, Kushta Nasaka</i>	<i>Vai.Pr.1: pg. 141</i>
16.	<i>Saptvinshti Guggulu</i>	<i>Prameha, Pandu Roga Nasaka</i>	<i>Vai.Pr.1: pg. 145</i>
17.	<i>Amrit Guggulu</i>	<i>Kasa, Gulma, Prameha Nasaka</i>	<i>Vai.Pr.1: pg. 150</i>
18.	<i>Pathaydi Churna</i>	<i>Arsha, Hridya Roga Nasaka</i>	<i>Vai.Pr.1: pg. 172</i>
19.	<i>Yvanyadi Churna</i>	<i>Udara Roga Hara</i>	<i>Vai.Pr.1: pg. 183</i>
20.	<i>Trilavanadyam</i>	<i>Gulma Nasaka</i>	<i>Vai.Pr.1: pg. 189</i>
21.	<i>Abhyadya Churna</i>	<i>Arsha, Gulma, Shool Nasaka</i>	<i>Vai.Pr.1: pg. 190</i>
22.	<i>Agnimukh Churna</i>	<i>Ajirna, Gulma Nasaka</i>	<i>Vai.Pr.1: pg. 199</i>
23.	<i>Suksham Eladyam</i>	<i>Kasa, Swasa Nasaka</i>	<i>Vai.Pr.1: pg. 206</i>
24.	<i>Twagadyam</i>	<i>Kasa, Swasa Nasaka</i>	<i>Vai.Pr.1: pg. 207</i>
25.	<i>Hingvadaym Churna</i>	<i>Arsha, Gulma Nasaka</i>	<i>Vai.Pr.1: pg. 210</i>
26.	<i>Hingu Shodashkam</i>	<i>Kasa, Swasa Nasaka</i>	<i>Vai.Pr.1: pg. 213</i>

27.	<i>Bhargyadi Yoga</i>	<i>Kasa, Swasa Nasaka</i>	<i>Vai.Pr.1: pg. 215</i>
28.	<i>Sugandhpatradhyam Churna</i>	<i>Kasa, Hikka Nasaka</i>	<i>Vai.Pr.1: pg. 217</i>
29.	<i>Twakadi Leha</i>	<i>Kasa, Swasa, Hikka Nasaka</i>	<i>Vai.Pr.1: pg. 218</i>
30.	<i>Bhallatakadya Churna</i>	<i>Ajeerna Nasaka</i>	<i>Vai.Pr.1: pg. 266</i>
31.	<i>Chandraprabha Gutika</i>	<i>Prameh Nasaka</i>	<i>Vai.Pr.1: pg. 269</i>
32.	<i>Pippalyada Taila</i>	<i>Shool Nasaka</i>	<i>Vai.Pr.1: pg. 278</i>
33.	<i>Saindhavadya Taila</i>	<i>Arsha, Pleeha Roga Nasaka</i>	<i>Vai.Pr.1: pg. 279</i>
34.	<i>Bala Taila</i>	<i>Apsmaar Nasaka</i>	<i>Vai.Pr.1: pg. 286</i>
35.	<i>Agnimukh Ghrit</i>	<i>Kasa, Swasa Nasaka</i>	<i>Vai.Pr.1: pg. 318</i>
36.	<i>Amritprash Ghrit</i>	<i>Kasa, Swasa Nasaka</i>	<i>Vai.Pr.1: pg. 325</i>
37.	<i>Mahamayur Ghrit</i>	<i>Yoniroga, Shukra Roga Nasaka</i>	<i>Vai.Pr.1: pg. 330</i>
38.	<i>Kantkari Ghrit</i>	<i>Kasa, Swasa Nasaka</i>	<i>Vai.Pr.1: pg. 331</i>
39.	<i>Panchmooladya Ghrit</i>	<i>Kasa, Swasa Nasaka</i>	<i>Vai.Pr.1: pg. 338</i>
40.	<i>Bhallatak Ghrit</i>	<i>Kaphaj Gulma Nasaka</i>	<i>Vai.Pr.1: pg. 350</i>
41.	<i>Tryushna Ghrit</i>	<i>Jwara, Gulma Nasaka</i>	<i>Vai.Pr.1: pg. 359</i>
42.	<i>Agastya Haritaki</i>	<i>Rasayana</i>	<i>Vai.Pr.1: pg. 378</i>
43.	<i>Chwanprasha</i>	<i>Rasayana</i>	<i>Vai.Pr.1: pg. 381</i>
44.	<i>Amrit Leha</i>	<i>Gulma Nasaka</i>	<i>Vai.Pr.1: pg. 395</i>
45.	<i>Yamak Sneha Basti</i>	<i>Shukardosh Hara</i>	<i>Vai.Pr.1: pg. 428</i>
46.	<i>Takra Arishta</i>	<i>Deepan, Rochan, Balya</i>	<i>Vai.Pr.1: pg. 554</i>
47.	<i>Takra Arishta</i>	<i>Grahni Roga Nasaka</i>	<i>Vai.Pr.1: pg. 556</i>
48.	<i>Arogya Lavana</i>	<i>Pleeha Roga Nasaka</i>	<i>Vai.Pr.1: pg. 564</i>
49.	<i>Deepniya Gana</i>	-----	<i>Vai.Pr.1: pg. 598</i>
50.	<i>Aprajita Khila</i>	<i>Atisaar Roga Nasaka</i>	<i>Vai.Pr.1: pg. 599</i>
51.	<i>Paravatadi Peya</i>	<i>Hikka, Swasa Roga Nasaka</i>	<i>Vai.Pr.1: pg. 656</i>

Chikitsakalika^[15] (10th century A.D.)

It is an important treatise written by *Tista Acharya*. *Tista Acharya* was the son of *Vagbhata*. In this treatise many formulations are described. Use of *Shati* in various disorders and as an ingredient of various formulations were found in *Chikitsakalika*. (Table 1.12)

Table 1.12: Review of Shati in Chikitsa Kalika

S.no	Preparation	Indications	Ref. No.
1.	<i>Panchkarmani Anuvashana Basti</i>	<i>Grahni Vicar Nasaka</i>	<i>Ci. Ka. :83 Pg. 18</i>
2.	<i>Narayana Churna</i>	<i>Udara Roga Hara</i>	<i>Ci. Ka. :164 Pg. 37</i>
3.	<i>Hingvadaya Churna</i>	<i>Gulma Hara</i>	<i>Ci. Ka. :173 Pg. 39</i>
4.	<i>Chayvanprash</i>	<i>Rajyakshama Nasaka</i>	<i>Ci. Ka. :262 Pg. 58</i>
5.	<i>Prasarini Taila</i>	<i>Vaat Roga Hara</i>	<i>Ci. Ka. :298 Pg. 66</i>
6.	<i>Maha Prasarini Taila</i>	<i>Vaat Roga Hara</i>	<i>Ci. Ka. :304 Pg. 67</i>

Vaidyarahashya^[16] (13th Century A.D.)

Vaidyarahashya is a popular treatise written by *Bhishgavara Vidyapati*. In this treatise *Shati* has been described in different formulations as an ingredient for the treatment of various disorders. (Table 1.13)

Table :1.13 Review of Shati in Vaidyarahashya:

S.no	Preparation	Indications	Ref. No.
1.	<i>Pralapado Udhulnama</i>	<i>Sannipataj Jwara Nasaka</i>	<i>Vd.Rh. Jwara Chikitsa:Shlok 86</i>
2.	<i>Shringyadi Kwath</i>	<i>Sannipataj Jwara Nasaka</i>	<i>Vd.Rh. Jwara Chikitsa:Shlok 93</i>
3.	<i>Drakshadi Kwath</i>	<i>Jeerna Jwara Nasaka</i>	<i>Vd.Rh. Jwara Chikitsa:Shlok 179</i>
4.	<i>Kaameshwar Modak</i>	<i>Grahni Roga Hara</i>	<i>Vd.Rh. Grahni Chikitsa:Shlok 9</i>
5.	<i>Pipplyadi Vati</i>	<i>Kasa, Swasa Hara</i>	<i>Vd.Rh. Kasa Chikitsa:Shlok 3</i>
6.	<i>Katphaladi Churna</i>	<i>Kasa, Swasa Hara</i>	<i>Vd.Rh. Kasa Chikitsa:Shlok 9</i>
7.	<i>Brihad Rasnadi Kwath</i>	<i>Vaat Roga Hara</i>	<i>Vd.Rh. Vaatvyadhi Chikitsa:Shlok 36</i>
8.	<i>Tryodashang Gugulu</i>	<i>Gridhrasi Roga Nasaka</i>	<i>Vd.Rh. Vaatvyadhi Chikitsa:Shlok 74</i>
9.	<i>Methi Pak</i>	<i>Aamvata Hara</i>	<i>Vd.Rh. Aamvaat Chikitsa:Shlok 33</i>
10.	<i>Kankayan Gutika</i>	<i>Gulma Roga Nasaka</i>	<i>Vd.Rh. Gulma Chikitsa:Shlok 19</i>
11.	<i>Haritkyadi Churna</i>	<i>Hridya Roga Nasaka</i>	<i>Vd.Rh. Hridyaroga Chikitsa:Shlok 5</i>
12.	<i>Pushkarmooladi Kalka</i>	<i>Vataj Hridya Roga Nasaka</i>	<i>Vd.Rh. Hridyaroga Chikitsa:Shlok 8</i>
13.	<i>Katphaladi Churna</i>	<i>Vataj Kasa, Swasa Hara</i>	<i>Vd.Rh. Nasaroga Chikitsa:Shlok 8</i>

Vaidyajivanam^[17] (16-17th Century A.D.)

Vaidyajivanam is a popular treatise written by *Lolimaraja*. this treatise *Shati* has been described in different formulations as an ingredient for the treatment of various disorders. (Table 1.14)

Table 1.14 Review of Shati in Vaidya jeevnam

S.no	Preparation	Indications	Ref.No.
1.	<i>Tiktadi Ghrit</i>	<i>Swasa Rog Nasaka</i>	<i>Vaid. Jee.: 1:53</i>
2.	<i>Shatyadi Kwath</i>	<i>Visham Jwara Nasaka</i>	<i>Vaid. Jee.: 1:57</i>

Arkaprakasha^[18]

Arkaprakasha is a popular treatise written by *Ravana*. In this book a lot of formulations are described. As named, this treatise covered *Arka* (tincture) *Chikitsa*. The *Arka* obtained from medicines have been used in the treatment of various diseases. In this book the properties of *Aamvatahara Arka* are also described in which one of the ingredients is *Shati*. (Table 1.15)

Table 1.15: Review of Shati in Arkaprakasha

S.no	Preparation	Indications	Ref. No.
1.	<i>Aamvaatnashaka Arka</i>	<i>Aamvat Hara</i>	<i>Arka. 3:79</i>

Bhaisajyaratnavali (18th Century A.D.)^[19]

Shati has been described under *Chayawanprash Avleha* (*Bhais. 14:60*), *Jeevantiyadi Ghrit* (*Bhais. 14:257*), *Amritprasha Ghrit* (*Bhais.14:260*), *Chandanadi Taila* (*Bhais.14: 286*), *Maha Chandanadi Taila* (*Bhais.14:299*), *Bhargyadi Leha* (*Bhais.15:5*), *Kantkaryadi Kwath* (*Bhais.15:28*), *Agastya Haritaki* (*Bhais.15:171*), *Kantkarya Avleha* (*Bhais.15:182*), *Vasa Chandanadya tail* (*Bhais.15:197*), *Dashmoolyadi Kwath* (*Bhais.16:25*), *Tejovatyadi Ghrit* (*Bhais.16:102*), *Tryodashang Gugulu* (*Bhais.26: 98*) etc^[47].

Shati in Rasa Grantha**Rasaratnasamuccaya^[20]**

This is the most important work of the *Rasatantra* work available today. The author of this treatise is *Vagbhata*, but evidently different from the author of *Ashtanga Hrdaya* or *Ashtanga Sangraha*. In this book *Shati* has been mentioned as an ingredient of various formulations for the treatment of different disorders. (Table 1.16)

Table 1.16: Review of Shati in Rasaratna -Samuccaya

S.no	Preparation	Indications	Ref. No.
1.	Vish Vidravan Ghrit	Unmaad Hara	Ras.Rat.Sa. 29:28
2.	Visha Kalpa	Gulma Roga Nasaka	Ras.Rat.Sa. 29:62
3.	Apchi Nasaka Visha	Apchi Nasaka	Ras.Rat.Sa. 29:113
4.	Madankameshwar Modaka	Vajikaran	Ras.Rat.Sa. 29:117

Rasatarangini^[21]

In this book *Shati* has been described in limited formulations as an ingredient for the treatment of different disorders^[54]. (Table 1.17)

Table 1.17: Review of Shati in Rasatarangini

S.no	Preparation	Indications	Ref. No.
1.	Vish Vidravan Ghrit	Unmaad Hara	Ras. 15:92

Classification of Shati in different Nighantu

S.no	Nighantu	Gana/Varga	Reference
1.	Siddhasara-Nighantu ²²	-----	Sid. sa. ni: 68 (pg. 377)
2.	Paryayaratnamala ²³	-----	Pary.: 128 (pg. 40).
3.	Chandra or Madanadi-Nighantu ²⁴	Prakeeran Aushadhiya Dravya	Ca. Ni. 4, 5(pg. 217)
4.	Chamatkara -Nighantu ²⁵	-----	Ca. ni.: 4 (pg. 51)
5.	Dhanwantri-Nighantu ²⁶	Guduchyadi varga	Dh. Ni. Guduchyadi Varga: 60-62 (pg.26) Guduchyadi Varga: 63-64 (pg.27)
6.	Shabdacandrika ²⁷	Vrikshadi- varga	Sabd. Vrikshadi- Varga: 281
7.	Nighantushesha ²⁸	Gulma Kanda	Ni. Sh. Gulma Kanda:232
8.	Sodhala-Nighantu ²⁹	Guduchyadi Varga	So. ni. Guduchyadi Varga: 137 So. ni. Guduchyadi Varga: 137
9.	Madhava-Dravyaguna ³⁰	Vividhausadhi Varga	Ma. dr. Vividhausadhi Varga: 135
10.	Siddhamantra ³¹	Kaphavaatghana-Varga	Sidd. Kaphavaatghana-Varga: 83
11.	Hridyadipaka-Nighantu ³²	Dvipada-Varga Nanarth-Varga	Hr.ni. Dvipada Varga:81(pg. 40) Hr.ni. Nanarth Varga:129 (pg. 79)
12.	Madanapala-Nighantu ³³	Karpuradi- Varga	Mad. Pa. ni. Karpuradi- Varga: 56 (pg. 312).
13.	Raj-Nighantu ³⁴	Pipplyadi-Varga	Ra. ni. Pipplyadi-Varga: 226-228 (pg. 180).
14.	Kaiyadeva-Nighantu ³⁵	Oshadhi Varga	Kai. Ni. Oshadhi Varga:1391-1393(pg. 258)
15.	Bhavprakash-Nighantu ³⁶	karpuradi-Varga	Bha.ni. Karpuradi-Varga: 99-100 (pg.236)
16.	Gunaratnamala ³⁷	Karpuradi Sugandh-Varga	Gu.ra.ma. Karpuradi Sugandh-Varga (pg. 120)
17.	Rajavallabha-Nighantu ³⁸	Purvahnika para Ched	Raj. val. ni. Purvahnika para Ched: 145
18.	Laghu-Nighantu ³⁹	-----	La. ni. 53-54 (pg. 14).
19.	Paryayamuktavali ⁴⁰	Jeerakadi Madhyagandha Varga	Par. mu. Jeerakadi Madhyagandha Varga :10 (pg. 15).
20.	Shaligram-Nighantu ⁴¹	Karpuradi Varga	Sha.ni. Karpuradi Varga (pg. 64)
21.	Nighantu-Adarsha ⁴²	Aadrakadi Varga	Ni. ad. Aadrakadi Varga (pg. 567)
22.	Shankara-Nighantu ⁴³	-----	Sh.ni. Kapur Kachri (pg. 32)
23.	Abhidhanamañjari ⁴⁴	Sankeeran Varga: Trayarth-Varga	Abhi. ma. Sankeeran Varga: Trayarth-Varga: 44

24.	Priya-Nighantu ⁴⁵	Shatpushpadi Varga	Pr. ni. Shatpushpadi Varga: 131-132 (pg. 100).
25.	Amara-kosha ⁴⁶	Vanausadhi-Varga	Amar. Dvitiya Kanda Vanausadhi-Varga: 154 (pg. 169).
26.	Shiva kosha ⁴⁷	-----	Shiva.: 219, 236, 352, 394 and 514

Sanskrit synonyms of *Shati* described in different *Nighantu* and some unique Ayurvedic treatise

Chandrani, Chandragandha, Doorva, Duvidheyati, Gandha, Gandhali, Gandhari, Gandholi, Gandharika, Gandholi, Gandhmooli, Gandhmoolika, Gandhmoolini, Gandhplash, Gandhplashi, Gandhplashak, Gandhvadhu, Haridrapatrakandka, Himja, Himudhbhava, Himudhbhuta, Jatila, Jimootmoola, Jwalani, Kachor, Kachoram, Kapoor kachari, Karchoor, Khadyakini, Plaash, Plaasha, Plaashi, Plasho, Plashika, Prithuplashika, Sati, Sathoolka, Shadgrantha, Shadgranthika, Shati, Shatika, Shatya, Shathya, Shati Palash, Shati Vishesh, Somda, Somya, Somsambhava, Sugandhmoola, Subhadra, Sugandhchanda, Sugrahitka, Suvrata, Tapsi, Tiktakandka, Trini, Vadhu. (Table 1.18)

Table 1.18: Sanskrit synonyms of *Shati* described in different *Nighantu* and some unique Ayurvedic treatise

S.n o	Sanskrit name	Nighantu																							
		1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24
1	Chandrani	-	-	-	+	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2	Chandragandha	-	-	-	+	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
3	Doorva	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	+	-	-	-	-	-	-	-
4	Deerghapatra	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	+	-	-	-	-	-	-	-
5	Duvidheyati	-	-	-	+	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
6	Gandha	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	+	-	-	-	-	-	-	-
7	Gandhadhya	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	+	-	-	-	-	-	-	-
8	Gandhali	-	-	-	+	-	-	-	+	-	-	-	-	-	-	-	-	+	-	-	-	-	-	-	+
9	Gandhari	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
10	Gandholi	-	-	-	-	-	-	-	-	-	-	-	-	+	-	-	-	-	-	-	-	-	-	-	-
11	Gandharika	-	+	-	-	+	-	+	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
12	Gandhmooli	-	-	-	-	-	-	-	-	-	-	-	-	+	-	-	-	-	-	+	-	-	-	-	-
13	Gandhmoolika	-	+	-	-	+	-	-	-	-	-	-	-	-	-	-	+	-	-	-	-	-	-	-	-
14	Gandhmoolini	-	-	-	-	-	-	-	-	+	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
15	Gandhnisha	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	+	-	-	-	-	-	-	-
16	Gandhpatra	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	+	-	-	-	-	-	-	-
17	Gandhpatrika	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	+	-	-	-	-	-	-	-
18	Gandhpeeta	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	+	-	-	-	-	-	-	-
19	Gandhplash	-	-	-	-	-	+	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
20	Gandhplashi	-	+	-	+	+	-	-	-	-	-	-	+	-	-	-	+	-	-	-	-	-	-	-	-
21	Gandhplashak	-	-	-	-	-	+	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
22	Gandhvadhu	-	+	-	-	+	-	+	-	-	+	-	-	-	-	-	-	+	-	-	-	-	-	-	-
23	Haridrapatra kandka	-	-	-	+	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
24	Himja	-	-	-	-	-	-	-	-	-	-	-	-	+	+	+	-	-	-	-	-	-	-	-	-
25	Himudhbhava	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	+	-	-	-	-	-	-	-
26	Himudhbhuta	-	-	-	-	-	-	-	-	-	+	-	-	-	-	-	-	-	-	-	-	-	-	-	-
27	Jatila	-	-	-	-	-	-	-	+	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
28	Jimootmoola	-	-	-	-	-	-	-	-	-	-	-	-	-	+	+	-	-	-	-	-	-	-	-	-

29	Jwalani	-	-	-	+	-	-	-	-	-	-	-	-	-	-		-	-	-	-	-	-	-	-	
30	Kachor	-	-	-	-	-	-	-	-	-	-	-	-	-	+	-	-	-	-	-	-	-	-	-	
31	Kachoram	-	-	-	-	-	-	-	-	-	-	-	-	+		-	-	-	-	-	-	-	-	-	
32	Kapoor kachari	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	+	-	-	-	
33	Karchoor	-	-	-	-	-	+	-	-	-	-	-	-	+	-	-	-	-	-	-	-	+	+	-	
34	Khadyakini	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	+	-	-	-	-	-	
35	Plaash	-	-	+	-	-	+	-	-	-	-	-	-	+	-	-	-	-	-	-	-	-	-	+	
36	Plaasha	-	-	-	+	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
37	Plaashanta	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	+	-	-	-	-	-	-	-	
38	Plaashi		+	-	-	+			+	+	-	-	-	-	-	+	-	-	-	-	-	-	-	-	
39	Plasho	-	-	-	-	-	-	-	-	-	-	-	-	+		-	-	-	-	-	-	-	-	-	
40	Plashika	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	+	-	-	-	-	-	-	-	
41	Prithuplashika	-	+	-	+	+		+	+		+	-	-	+	-	-	-	+	-	-	-	-	-	+	
42	Sati	-	-	-	-	-	+	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
43	Sathoolka	-	-	-	+	-	-	-	-	-	-	-	-	-	-	-	+	-	-	-	-	-	-	-	
44	Shadgrantha	-	+	-	+	+		+	+	+	-	-	-	+	-	-	-	+	-	-	-	-	-	+	
45	Shadgranthika	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	+	-	-	-	-	-	
46	Shati	+		+	+	+	+	-	-	+	+	+	-	-	-	+	+	+	+	+	+	+	+	+	
47	Shathi	-	+	-	+			+	+	-			-	+	-	-	-	-	-	-	-	-	-	-	
48	Shatika	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	+	-	-	-	-	-	-	-	
49	Shatya	-	-	-	-	-	-	-	-	-	-	-	-	+	-	-	-	-	-	-	-	-	-	+	
50	Shathya	-	-	-	-	-	-	-	+	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
51	Shati plash	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	+	-	-	-	-	-	-	-	
52	Shati vishesh	-	-	-	+	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
53	Somda	-	-	-	-	-	-	+	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
54	Somya	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	+	-	-	-	-	-	-	-	
55	Somsambhava	-	-	-	-	-	-	+	-	-	+	-	-	-	-	-	-	-	-	-	-	-	-	-	
56	Sugandhmoola	-	-	-	+	-	-	+	+		+	-	-	-	-	-	+	-	-	-	-	-	-	+	
57	Subhadra	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	+	-	-	-	-	-	-	-	
58	Sugandhchanda	-	-	-	-	-	-	+	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
59	Sugrahitka	-	-	-	-	-	-	+	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
60	Supakini	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	+	-	-	-	-	-	-	-	
61	Suvrata	-	+		+	+		+	-	+	+	-	-	+	-	-	-	+	-	-	-	-	-	+	
62	Svaksheeryak patrika	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	+	-	-	-	-	-	-	-	
63	Tapsi	-	-	-	+	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
64	Tiktakandka	-	-	-	+	-	-	-	-	-	-	-	-	-	-	-	+	-	-	-	-	-	-	-	
65	Trini	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	+	-	-	-	-	-	-	-	
66	Vadhu	-	+	-	+	+		+	+	-	-	-	-	+	-	-	-	+	-	-	-	-	-	+	
67	Vanja	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	+	-	-	-	-	-	-	-	
68	Vanya	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	+	-	-	-	-	-	-	-	
69	Vedbhuva	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	+	-	-	-	-	-	-	-	
Code of nighantu		1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24

1. Abhidhanmanjari; 2. Bhavprakash-Nighantu; 3. Chamatkara-Nighantu; 4. Dhanwantri-Nighantu; 5. Gunaratnamala; 6. Hridyadeepak-Nighantu; 7. Kaiyadeva-Nighantu; 8. Laghu-Nighantu; 9. Madanpala-Nighantu; 10. Madanadi-Nighantu; 11. Madhav-Dravyaguna; 12. Nighantu Adarsha; 13. Nighantu Shesha; 14. Paryayaratnamala; 15. Paryayamuktavali; 16. Priya-Nighantu; 17. Raj-Nighantu; 18. Rajvallabh-Nighantu; 19. Shabad Chandrika; 20. Shaligram-Nighantu; 21. Shankara Nighantu; 22. Siddhamantra And Prakash; 23. Siddhasara-Nighantu; 24. Sodhala-Nighantu

Table 1.19: Properties and actions of the Shati according to Nighantu

Sr	Nighantu	Rasa	Guna	Virya	Vipaka	Doshakarma	Other karma	Roghanta	Reff.
1	Madanadi Nighantu	Kashaya, Katu	-	-	-	Vaat Hara	Sugandhit Moola, Shoolhara	Kasa, Swasa, Hikka, Jwara Nasaka	Ca. Ni. 4 (Pg. 217)
2	Dhanwantri Nighantu	Tikta	Teekshna	Ushna	-	Kaphahara	Varna Nashak, Vaktrashudhi	Sannipata Jwara Hara, Kasa Hara	Dh. Ni. Guduchyadi Varga: 60-62
3	Sodhala Nighantu	-	-	-	-	Vaat Kapha Hara	-	Kasa, Swasa, Jwara Hara	So. Ni. Guduchyadi Varga: 137
4	Madhava Dravyaguna	-	-	-	-	Vaat Kapha Hara	-	Kasa, Swasa, Jwara Hara	Ma. Dr. Vividhausadhi Varga: 135
5	Siddhamantra And Prakāśa	-	-	-	-	Kaphavaatghana	-	-	Sidd. Kaphavaatghana-Varga: 83
6	Madanpala Nighantu		Laghu	Sheet	-	Raktadoshhara	Aam Pachan, Grahi Roga Nasaka	Jwara, Kasa Hara	Mad. Pa. Ni.: 56 (Pg. 312)
7	Raja Nighantu	Tikta, Amla	Laghu	Ushna	-	Kapha, Rakta Dosh Hara	Kandu, Vrana, Mukh Roga Nasaka	Jwara Hara. Ruchiprad	Ra. Ni. Pipplyadi Varga.: 226-227 (Pg. 180)
8	Kaiyadeva Nighantu	Katu, Tikta, Kashaya	Teekshna, Laghu	Anushna	-	Tridoshhara	Grahi, Mukh Varesya, Varna, Kandu, Mala Dorgandhya Nashaka	Kasa, Swas, Shool, Hikka, Jwara Nasaka	Kai. Ni. Oshadhi Varga: 1391-1393 (Pg. 258)
9	Bhavaprakasha Nighantu	Katu, Tikta, Kashaya	Laghu, Teekshna	Anushna	-	-	Varna, Sidham, Shool, Graha Roga Nasaka, Mala Nashini	Grahi, Shoth, Kasa, Swasa	Bha. Ni. Karpuradi-Varga: 99, 100 (Pg. 236).
10	Gunaratnamala	Katu, Tikta, Kashaya	Laghu, Teekshna	Anushna		Tridosh Hara	Varna, Shool, Sidham, Mala Nashini	Grahi, Kasa, Swasa,	Gu. Ra. Karpooradi Sugandh-Varga (Pg. 120).
11	Rajavallabha-Nighantu					Vaat Kapha Hara		Kasa, Swasa, Jwara Hara	Raj. Val. Ni. Purvahnika para Ched : 145
12	Laghu Nighantu	-	-	-	-	Vaat, Kapha Nasaka		Kasa, Swasa, Hikka, Jwara Hara	La. Ni 53, 54 (Pg. 14).
13	Saligrama Nighantu	-	-	-	-	-	-	-	Sa. Ni. Karpporadi Varga (Pg. 64)
15	Nighantu Adarsha	Katu, Tikta, Kashaya	Laghu, Teekshna	Ushna	Katu	Tridoshara	Varna, Sidham, Shool, Graha Roga Nasaka, Mala Nashini	Grahi, Shoth, Aam, Kasa, Swasa, Jwara, Raktaj Gulma Nasaka	Ni. Ad. Aadrakadi Varga (Pg. 567)
16	Shankara Nighantu	Tikta, Kashaya	Laghu, Teekshna	Sheet	-	Kinchit Pittkaraka, Rakta Dosh Hara, Tridoshhara	Mukh Varesya, Varna, Vamana, Mala Dorgandhya Nasaka	Kasa, Swas, Shool, Hikka, Jwara Nasaka, Hikka, Daah Janak	Sh. Ni. Kapoor Kachari (Pg. 32) .
17	Priya Nighantu	Katu,	Teekshna	Ushna	-	Kaphavaat Hara	Shool, Chardi, Mukh	Kasa, Swas	Pr. Ni.

		Tikta					Sodhani, Tamak Swasa	Hara	Shatpushpadi Varga: 131, 132 (Pg. 100)
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RESULT AND DISCUSSION

In *Brhatrayi Shati* has been described at many places. In *Charaka-Samhita*, it has been described under *Hikkanigrahan* and *Swashara Mahakashaya*. It is also used as an important ingredient in different ayurvedic formulations i.e., *Cyavanaprasha*, *Agastya Haritaki*, *Amritprash Ghrit*, *Duralabhadya Ghrit*, *Jeevantiyadi Ghrit*, *Mahamayur Ghrit*, *Lodhrasava* or *Madhavasava*.

In *Susruta Samhita* it has also been described under *Hingvadi Choorna*, *Dhanwantri Ghrit*, *Vidangadi Taila*, *Agastya Avleha*.

In *Ashtanga hrdaya* and *Ashanga Sangraha* it has been used for the treatment of *Kantkari Ghrit*, *Agastya Haritaki Rasayana*, *Jeevantiyadi Churna*, *Pushkarmooladi Churna*, *Kashmaryadi Ghrit*, *Dashmooladi Ghrit*. In other *Samhita* and *Chikitsa Grantha* *Shati* has been mentioned as ingredient of various formulations and used to treat various disorders.

Shati was also described in *Rasaratna samaccaya* and *Rasatarangini*. In *Rasaratnasamaccaya* *Shati* has been described under *Vish Vidravan Ghrit*, *Visha Kalpa*, *Apchi Nasaka Visha* and *Madankameshwar Modak* but in *Rasatarangini* it has been described in only one formulation *Vish Vidravan Ghrit* for the treatment of different disorders by reading these *Samhitas* we found a very important role of *Shati* in *Kasa*, *Shwasa* and other respiratory ailments because most of the *Shati* formulations were found in treatment of these diseases. *Shati* was said to be as *Prashasth Aushadha* or *Param Aushadha* for *kasa*, *swasa* and *Hikka* in many *Samhitas*. After review of *Shati* in various *Nighantus* many synonyms of *Shati* were found.

Description of *Shati* was found in different *Nighantu* i.e., *Dhanwantari-Nighantu*, *Hridayadipaka Nighantu*, *Kaiyadeva-Nighantu*, *Madanpala-Nighantu* and *Bhavprakash-Nighantu* etc.

Shati is not found in *Vedic-Nighantu*, *Sausruta-Nighantu*, *Haramekhala-Nighantu*, *Ashtaang -Nighantu*, *Dravyaguna-Sangraha*, *Abhidhānaratnamala* or *Shadrassa-Nighantu*, *Ayurveda-Mahodadhi*, *Sarasvati-Nighantu*, *Mahaushadha-Nighantu*.

Siddhasara-Nighantu considered *Karchur* as *Shati* and acc. to this *Nighantu* *Shati* is used now-a-days in place of *Karchur*.

In *Chamatkara -Nighantu* same names have been used for more than one drug. In this *Nighantu*, *plasha* is mentioned as the synonym of *Shati*.

In *Dhanwantri-Nighantu* along with *Shati*, *Gandhplashi (Shati Vishesh)* is also mentioned in *Guduchyadi Varga*.

In *Hridyadipaka-Nighantu* second type *Gandhplash* is also mentioned.

In *Raja-Nighantu* also, *Shati Vishesh* is mentioned in *Pippalyadi Varga*.

In *Shaligram-Nighantu* *Shati* has been described under *Karpuradi Varga* but no synonyms are found in this *Nighantu*.

In *Abhidhanamanjari* *Shati* has been described under *Sankeeran Varga*, *Trayarth-Varga* but no synonyms and properties are mentioned. Only name *Shati* is mentioned.

Shati is *Katu*, *Tikta* and *Kashaya* in *rasa* almost acc.to every *Nighantu* but *Raja Nighantu* also included *Amla Rasa*.

Shati has *Laghu* and *Teekshna Guna* and has *Katu Vipaka* acc. to *Adarsh Nighantu*. It is used to treat *Kasa*, *Swasa*, *Hikka*, *Varna*, *Sidham*, *Shool*, *Chardi*, *Mukh Sodhani* and *Tamak swasa*.

Acc. to *Dhanwantri Nighantu*, *Raja Nighantu*, *Nighantu Adarsha* and *Priya Nighantu* *Shati* has *Ushna Veerya*. Acc. to *Madanpala Nighantu* and *Shankara Nighantu* *Shati* has *Sheeta Veerya*.

Acc. to *Kaiyadeva Nighantu*, *Bhavaprakasha Nighantu* and *Gunaratnamala Shati* has *Anushna Veerya*.

CONCLUSION

The extensive review of *Shati* in various Ayurvedic treatise like *Samhitas*, *Nighantu*, *Kosha Grantha* and *Rasa Grantha* concluded to the fact that *shati* have a wide range of therapeutic qualities as it is seen in the treatment of numerous diseases in the form of an individual *Dravya* itself. *Shati* been mentioned in ancient *Samhitas* and *Nighantu* indicates its established use since many years. This extensive review of the plant *Shati* will bring to light its underrated importance and help the Ayurvedic practitioners in various ailments. It will also make it easy for the Ayurvedic scholars to conduct further research studies on *Shati*.

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